

## HOSPITALS MAINTAINED FOR C. & O. EMPLOYEES

This Welfare Work Is Far-Reaching  
and Generally Beneficial  
Throughout System.

PLAN SUCCESSFUL 17 YEARS

Idea Conceived by President Stevens  
When He Was General Manager  
of Road—Board of Governors Ad-  
ministers Affairs.

The Chesapeake and Ohio Railway Company is probably one of the foremost in the country in its welfare work as regards its employees, and no feature of this work is more far-reaching and generally beneficial than the hospital service.

A recent appropriation of nearly \$75,000, to be used in building a new hospital at Clifton Forge for the exclusive use of employees, has excited some comment, and it develops that for the past seventeen years employees of the Chesapeake and Ohio have been enabled to avail themselves of first-class hospital services when sick or injured, upon a plan that is declared to be highly satisfactory.

In the year 1897 George W. Stevens, then general manager of the Chesapeake and Ohio Railway Company, called a meeting of representative employees, and suggested to them that arrangements be made to organize a hospital system, whereby employees when sick or injured could receive the best treatment at a cost which they could afford to pay.

A canvass showed that the employees wished to perfect the arrangement, and it was put into effect on December 1, 1898.

### MONTHLY CONTRIBUTIONS

#### MAINTAIN SERVICE

The railway company contributes the hospital buildings, free of rental, and keeps them in repair, the cost of maintaining the service is taken care of by small monthly contributions from the salaries of the employees. These contributions are 25, 35 and 50 cents, based upon the amount of pay received, and all collections are made by the paymaster of railway company, who also handles the disbursements, upon regularly approved and audited vouchers.

The affairs of the hospital association are administered by a board of thirteen governors, seven of whom are employees and six are officers of the railway company, and from among the members of this board a finance committee is selected to pass upon matters pertaining to the finances of the association. One of the duties of this committee is to employ a certified public accountant, who makes an annual check of the hospital association's financial operation.

#### HOSPITAL STAFF

##### INCLUDES SPECIALISTS

During the past seventeen and one-half years 170,000 employees of the Chesapeake and Ohio Railway Company have received treatment at the company's hospital, or by physicians employed for the purpose, and as there are but 20,000 men employed, this means that had each employee been continuously in the service during the period named he would have received these benefits eight different times.

The railway company owns, and the hospital association operates, a hospital at Huntington, W. Va., capable of caring for fifty patients. This hospital maintains a medical staff consisting of surgeon, physician on internal medicine, specialists on X-ray, and diseases of the eye, ear, nose and throat.

A training school for nurses is conducted in connection with this institution, and a nurse holding its diploma is regarded as being of exceptionally high professional standing.

### SCHOOL SUPERINTENDENTS TO OPEN SESSION HERE

Virginia Officials Will Begin Two-Day Session at Chamber of Commerce on June 5.

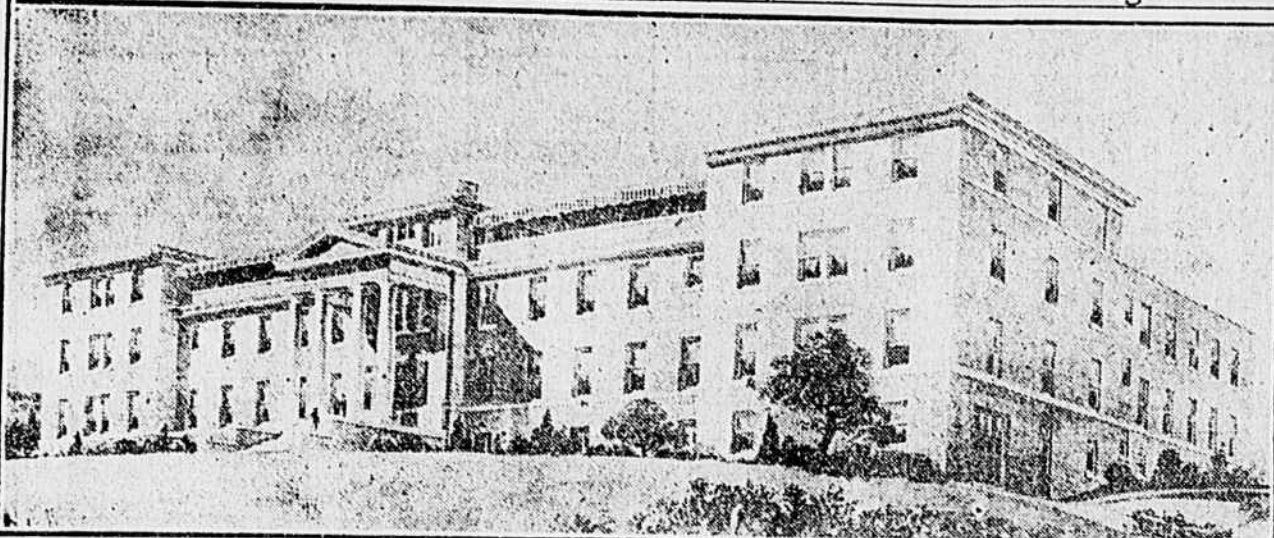
June 5-7 are the dates for the annual gathering of the Virginia division school superintendents in this city. The meetings will be held in the Chamber of Commerce auditorium. The three days will be busy ones for the members, there being four sessions each day. The program for the gathering provides for interesting discussion of the matters which are of importance to the work of the officers, the papers to be presented covering a wide range of subjects. C. B. Bowers, of Amelia, president of the association, will occupy the chair. The program for the meeting follows:

Morning, June 5—"How to Prevent Irregularities in the Conduct of the Teachers' Examination," E. B. Fitzpatrick, C. B. Bowers, W. G. Reynolds and Inspector E. E. Worrell. "The Standardization of One and Two-Room Schools," R. K. Tuxton, R. E. Cook, J. H. Stephens and Inspector J. H. Hinder. "The Supervision of High Schools," F. C. Redinger, W. W. Edwards and Inspector A. L. Lincoln.

Evening, June 5—"How to Get the Local Levy Raised," H. J. Watkins and J. N. Hillman. "How Shall the Educational Forces of Virginia Proceed So as to Get the Most Effective Co-operation From the Legislature and Board of Supervisors?" M. D. Hall, Frank T. West and C. W. Dickinson. "The Best Method of Promoting Interest in the Virginia Journal of Education," Joseph W. Everett, editor of the journal. G. J. J. Newton, H. A. Hunt and H. H. Lynch. "How Do Superintendents Measure the Work of Teachers?" Harris Hart, W. G. Edmondson and L. N. Savidge. "How to Improve the Negro Schools," I. T. Wilkinson, J. A. Twyman and Inspector A. D. Wright.

Wednesday, June 7—"Relation of Community Leagues to the Success of School Work," J. H. Montgomery, John Washington and C. V. Shoemaker. "How Should the Department Judge the Work of Superintendents?" Professor J. A. Burruss, Professor Charles G. Maples, University of Virginia; E. C. Glass and R. L. Chambliss. "What Qualifications Shall Be Fixed by the Board of Education for a Superintendent Under the Virginia Law?" J. P. Neff, W. T. Hodges and E. L. Darst. "The New State Course of Study," J. G. Jeter, W. A. Thompson and H. R. Eubank.

## New Chesapeake and Ohio Hospital at Clifton Forge



Adopted design for new hospital, to cost \$75,000, to be erected by the Chesapeake and Ohio Railway Company at Clifton Forge on plans prepared by Charles M. Robinson, Inc., of Richmond.

## PUBLIC SCHOOL PUPILS INTERESTED IN ATHLETICS

Good Start Has Been Made in  
Caring for Physical  
Activity.

### WANT FURTHER PROVISION

Official Sees Need for More Equipment—Little Mothers' Club Proves Successful Experiment—Funds Required for Playgrounds.

A good start has been made in physical training, but it is now time that more provision should be made for taking care of the physical activities of school children, said a school official last week. The City Council appropriated \$1,000 to pay for all equipment, supplies, coaching, music, printing, athletic meet expenses, and any other expenses necessarily incurred outside of physical training in its work to cover the forty-four schools in the system, including three junior high schools, two senior high schools and two normal schools. This money also has to cover the expenses for work being done in the evening centers. The minimum needed was \$2,000, but the budget request was cut 66.2-3 per cent.

Outside of school hours, a considerable number of teachers have volunteered their time and services in training girls' classes in folk-dancing, after the teachers had been taught by members of the physical training department. Mr. Hancock, of Bellevue Junior High School; Mr. Riddick and Mr. Taylor, of Prevocational; Mr. Cowardin and Mr. Bagby, of Bainbridge Junior High School; Mr. Saunders, Mrs. Round and Mr. Dietz, of Buford Junior High School; Mr. Taylor, Mr. Hunter, Mr. Graves, Mr. Lynam, and Miss Jackson, all principals of elementary schools, have volunteered their time in training boys in athletics. Other principals have helped in many ways, so that there has resulted an intense interest on the part of the school children in physical-training work.

### DEEP INTEREST SHOWN

#### IN ATHLETIC WORK

Last fall the John Marshall High School held the first track meet of its kind in Richmond. The freshmen, sophomore, junior and senior classes competed against each other for points. On the next day the elementary schools from all of Richmond, Manchester, Fulton, Highland Park and Ginter Park engaged in an athletic meet. The winning school was awarded a pennant, and the individuals were given ribbons and buttons for prizes. More than 600 boys were entered in these two meets. During the winter the junior high schools held the first indoor meet that was ever staged for the public school children in Richmond. Members from the evening schools who were invited to participate showed a great interest in the work.

There is the closest co-operation between the directors of the medical department and the department of physical training. The important work of the medical director, Dr. N. Thomas Ennett, and his staff of assistants in examining every contestant in athletics prevents a contestant from taking part in athletics who is not physically fit. The ruling of the department of physical training in regard to the physical examinations of school children is as follows: "No child in the public schools of the city of Richmond shall be allowed to enter an elimination or

final athletic meet (where one school competes with another) unless his physical fitness for such meet or contest is attested by a physician.

Certain teachers have given freely of their time in training children for dramatics, but, generally speaking, no systematic use is being made of the dramatic talent so often found in children, because of lack of funds to pay for coaching. Highland Park, Bainbridge and Bellevue Junior High Schools are the exception, for in these schools as high as \$100 was taken in at a single entertainment for the benefit of the athletic fund.

### LITTLE MOTHERS' CLUB

#### SUCCESSFUL EXPERIMENT

During the year there has been conducted a unique experiment in the Bellevue Junior High School by Mrs. Philip Sumner Spence, under the supervision of the department of physical training. Mrs. Spence was instructor before her marriage—in the School of Mothercraft in New York City, where homemaking was given as a course, which included instruction in the preparation of meals, marketing, the fundamental principles of dietetics, housework, use of the family income, simple sewing, study of fabrics, principles of hygiene, art of clothing and child hygiene.

Twelve girls from the seventh grade were invited to form a Little Mothers' Club, to attend weekly meetings under the leadership of Mrs. Spence. The club had exceptional opportunity to study how to care for children by visiting institutions here in Richmond where children live. The course as given by Mrs. Spence was on the "care of babies." There were twenty lectures. Only recently one club played the "House of the Heart" for the benefit of the girls' athletic fund in Bellevue Junior High School.

This spring the teachers had their convention in Richmond, and the department of physical training demonstrated the work being done by selected groups from the public schools. The result was that resolutions were passed for the promotion of athletics in the schools, and the wider use of physical training in school children as social centers, especially in the rural schools. The school playgrounds are not as much used as they could be, because

there is no money to pay for supervision, and even where there is supervision—and this is true in all schools—there is not enough equipment to keep the children all occupied with work at the same time. Often the school playgrounds are not even provided with basketball posts.

## STATEMENT BY TRAINMEN CHALLENGES OFFICIALS

Four Brotherhoods Say It Would Not Cost \$100,000,000 Annually to Inaugurate Eight-Hour Day.

The four "big" brotherhoods of American trainmen, who are threatening to strike unless their demands are met by the railroads of the United

States, in a statement published in the "Eight-Hour Day," a publication issued by the Transportation Brotherhoods' Publicity Bureau, in Cleveland, says:

"It has been repeatedly affirmed by railway officials that, if the demand by the Transportation Brotherhoods for an eight-hour day was granted, it would cost the roads \$100,000,000 annually. The four employees' organizations involved challenged this statement, but the officials have never yet shown any detailed figures to prove how they arrive at that exact sum. They simply make it \$100,000,000, and let it go at that.

"The contention in favor of an eight-hour day has all along been that if a penalty was fixed on the use of overtime the railroads would see to it that there would be little or no overtime.

The railroad officials also contend that it would be impossible to reduce the running time so that a division would be covered in eight hours.

"During the recent arbitration case between western railroads and their engineers and firemen, the railroads presented elaborate exhibits which showed that the average time of 78 per cent of through or irregular freight service on all railroads west of the Mississippi River in October, 1913, between terminals 112 miles apart was almost four hours and twenty-four minutes. Transportation employees, therefore, in eight hours and twenty-four minutes, which constituted about three-fifths of all freight train mileage, do produce their 100 miles, the standard for a day's pay, within seven hours and thirty minutes.

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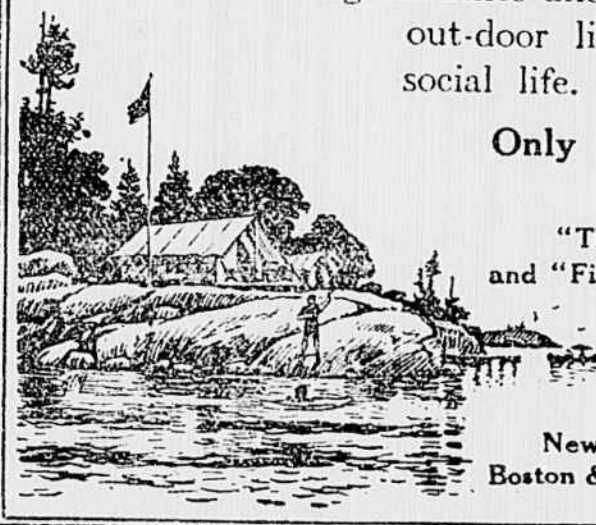
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# Just a Few Days More in Which to Win a Fleischmann Pony

Pile up a big score now—boys and girls—make sure of having for your very own a genuine Shetland thoroughbred pony and cart—with harness and everything complete.

The next few days will decide who will be the fortunate children to get the seven Fleischmann ponies and the other 43 valuable and wonderful gifts now on exhibition at the Pony Contest Headquarters, 907 E. Broad St., Lyric Bldg.

Don't slack up in collecting Pony Labels taken from the good, pure bread made with Fleischmann's Yeast.

You can see for yourself how important the next few days are to you if you want to be among the winners in the Fleischmann Pony Contest.



## 50 Prizes to be Awarded

At the Baseball Park, June 17th

Contest Closes June 5th Last day for turning in Labels, June 6th

In the event of a tie for any prize offered in Fleischmann's Yeast Pony Contest, a prize identical in all respects with that tied for will be given to each tying contestant.

## You Need Good Bread

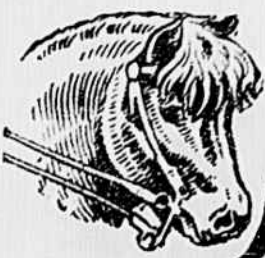
No matter how varied your diet, no matter how expensive your food may be, no meal is complete unless it includes plenty of good bread on its menu—good bread.

Therefore, when bread plays so important a part in our daily sustenance, it is imperative that we all eat the best and purest and the most wholesome bread. You can always be sure of getting the finest and best bread baked if you

## Ask for Bread Made With Fleischmann's Yeast

Because in bread made with Fleischmann's Yeast you'll find only the purest ingredients have been used. The finest bread is made by the most careful bakers and they use Fleischmann's Yeast—the purest yeast they can buy.

Eat more pure bread made with Fleischmann's Yeast.



# Fleischmann's Yeast

Makes the Best Bread

